

Countdown to Kindergarten

A Checklist for Parents



Education begins at home and there is no better teacher than you, the parent. Use this checklist to guide you as you get your child ready for their first day of kindergarten.

Do I...

- Read to my child each day?
- Take my child to the library to pick out books?
- Encourage my child to retell stories in his/her own words?
- Provide materials for my child to draw?
- Supply my child with puzzles, play-dough, pegboards and building blocks to enhance small motor development?
- Encourage my child to engage in activities that involve hopping, skipping, running, biking and other outdoor games, which enhance large motor development?
- Use numbers when playing or working with my child?
- Provide activities, which encourage my child to count and write numbers?
- Watch quality television programs with my child and talk about what we saw after the program has ended?
- Talk with my child about her daily activities and encourage her to describe special events?
- Take time each day to talk or do a favorite activity with my child?
- Listen carefully when my child talks to me?
- Praise my child's accomplishments?
- Provide clear and consistent guidelines, expectations and rules for my child?
- Allow for situations where my child can make choices?
- Encourage my child to dress and clean himself/herself?
- Provide social settings for my child to interact with people his/her own age?
- Encourage kindness, sharing toys and taking turns?
- Encourage my child to solve problems on his/her own?