

JANUARY - MARCH 2021

Training and Support for You and/or Your Staff



Director's Forum: Creating Quality Environments (Open Discussion for Owners, Directors and Administrators)

- Learn strategies for providing high quality, safe, and healthy environments that enhance the development of infants and toddlers
 - ▶ Monday, January 11, 2021 | 12-2 PM
- Registration Deadline: Thursday, January 7, 2021

Director's Forum: Responsive Caregiving (Open Discussion for Owners, Directors and Administrators)

- Define responsive caregiving for infants and toddlers.
 - Identify factors that influence responsive care
 - Describe the continuous process of watch, ask, adapt and identify ways to use it effectively with infants and toddlers at different stages.
 - ▶ Monday, February 8, 2021 | 12-2 PM
- Registration Deadline: Thursday, February 4, 2021

Director's Forum: The Art of Self Care: Leadership Edition (Open Discussion for Owners, Directors and Administrators)

- Identify leadership stressors
 - Review tips to organize and reduce stress
 - Learn self-care practices
 - ▶ Monday, March 8, 2021 | 12-2PM
- Registration Deadline: Thursday, March 4, 2021

Building Relationships with Children

- Learn how relationships can impact challenging behaviors
 - Discuss the importance of following routines
 - Discover activities that build social and emotional skills for children
 - ▶ Saturday, March 13, 2021 | 9:30-12:30 PM
- Registration Deadline: Wednesday, March 10, 2021

To register, call (434) 797-8887
or email training@smartbeginningsdp.org

Please include the following in your email:
name, email address, date and title of training.

All trainings will be presented by
Stephanie Mann, Virginia Infant and
Toddler Specialist

All trainings will be virtual.
Links will be sent out via email.



The mission of Smart Beginnings DP is to strengthen the system of individuals and organizations caring for and educating children ages birth to five. Our goal is to ensure that young children ages are emotionally, intellectually and physically ready to succeed in school.



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